



The SMARTIE Game

Give each person a small pot with about 8 Smarties in it and an objective on a piece of paper (see list below) that they must keep to themselves.

Tell them that they have 5 minutes to achieve their objective. They will need to get out of their seats and move about. They mustn't speak about what they are doing or their objective.

Collect all the red Smarties.

Collect one Smartie of each colour.

Collect all the yellow Smarties.

Collect 6 Smarties of your favourite colour.

Collect as many pink and brown Smarties as you can.

Give away all the brown Smarties that you have.

Make sure that everyone in the group has a green Smartie.

Distribute the Smarties evenly throughout the group.

Collect all the green Smarties.

Make sure that only men have orange Smarties.

After 5 minutes, ask who has achieved their objective.

Very few will have.

Ask why it was difficult. Generate a short discussion.

Highlight that objectives that we set in isolation or keep to ourselves are harder to achieve: people may do things that make it harder (even though they may not mean to), they won't help and when we are all at cross purposes, no one achieves anything!